

# *Illuminate!*

with Visudha de los Santos



November 8 -10, 2019

\$195 Standard, Early \$165 by Oct. 20th

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*How are you feeling? Discontented? Out of balance? Alone? In Pain? Afraid? Uncertain? Confused? Marking a passage? Chaotic times for sure.*

*But, underneath it all, you are a divine being. Do you remember? Would you like to remember?*

*Divine intelligence resides in your body and is innate for every person. This sacred-god, spirit, creativity, inspiration, whatever you want to call it, is in you. In this workshop, you will use earthly energies to ground and support yourself, and access the heavenly realms to illuminate what lives underneath your pain. You will move, meditate, journal and ritually embody your own divine intelligence.*

*The stars, the celestial realms shine bright offering inspiration and hope for a new day. Move into the universal mind, and discover how this power manifests within yourself.*

[www.visudhadelossantos.com](http://www.visudhadelossantos.com)