

W O R K S H O P

ROOTING

moving from the source

OCTOBER 26 | 12PM TO 5PM

\$60 EARLY BIRD | \$70 AT THE DOOR

T A O S A T V A

W W W . T A O S A T V A . C O M

#2 UPPER COLONIAS, EL PRA DO, NM

With TamalpaPractitioners

Molly Rose & Marialuisa Diaz, MA. RSME/T

Join us in exploring ways to re-member and return to our source as we move through life's transitions and challenging times. Using the Tamalpa work, a movement-based expressive arts approach originated by Anna Halprin and Daria Halprin, we will tap into the wisdom of our body through somatic movement, dance, drawing, creative writing and improvisation.

Welcome to all levels of experience.

Art materials will be provided.

Information & RSVP: yllomesor@msn.com | mluisa.dlz@gmail.com